

# ORAL HYGIENE TOOTHBRUSH TECHNIQUE

## PURPOSE

To serve as a teaching aid in oral hygiene training.

## AUDIENCE

Public health personnel, dental students, dental hygienists, and others interested in oral hygiene training.

## CONTENTS

1. A motivating introduction dramatizes the fact that 90 percent of children have at least one decayed tooth at the age of 6; that on the average, an additional tooth decays every 16 months between the ages of 6 and 14 years; and that 73 percent of people never visit the dentist except in an emergency.
2. A thorough oral prophylaxis, employing dental office instruments, should be given by the dentist or dental hygienist at least once every 6 months.
3. For home care of the teeth everyone should be equipped with flat dental tape, a properly designed tooth brush, and a rubber stimulator for gum massage.
4. Undesirable oral conditions can be avoided or reduced by regular and efficient home and clinical care of the teeth and surrounding tissue.
5. Tooth-brush technique is adequately portrayed showing various steps to be taken in order to obtain and maintain a clean, healthy mouth.
6. The teeth should be thoroughly brushed immediately after each meal and just before retiring.

## AVAILABILITY

Thirty day loan upon request to . . . .  
**MEDICAL DIRECTOR IN CHARGE**  
**COMMUNICABLE DISEASE CENTER**  
605 Volunteer Building, Atlanta 3, Georgia

Produced by

FEDERAL SECURITY AGENCY



PRODUCTION NO.

CDC 5-135.0

RELEASED 1949

FILM STRIP

35 mm. Sound

Color

Length: 30 Frames

Time: 5 Minutes

GRAPHIC FORM

- Photographs
- Drawings



## COMMENTS

This short filmstrip has been devoted to the subject of tooth-brush technique — with emphasis on proper home care.